

Enjoy Farm Deliveries Year-Round from the Boistfort Valley

SUMMER/FALL CSA:

Our Summer/Fall season runs from June through October. Please see our Summer CSA brochure or our website for more details: www.boistfortvalleyfarm.com

NOVEMBER THROUGH MAY MONTHLY CSA:

November through May shares are bountiful shares for the chilly season, delivered once per month.

In November and December you will receive a variety of produce, direct from our farm, for family gatherings or early Winter storage.

Expect sweet, frost-kissed greens, cured onions and shallots, squash for roasting and pies, fingerling potatoes, traditional and heirloom root vegetables, and the sweetest carrots and beets!

For January through May, our monthly boxes will contain produce from our farm and other organic farms (mostly local and regional). They also include selections from local dairies, locally roasted coffee, Washington grown grains, and other locally produced food items. You may choose to start in January with five deliveries for \$300.

Options for no cheese/wheat/coffee available.

Start in November: 7 deliveries for \$420 -or- Start in January: 5 deliveries for \$300.

Please sign up by November 10th to be included in the first delivery.

DATES FOR THESE DELIVERIES ARE:

Wednesday, November 17th and Thursday, November 18th
Wednesday, December 15th and Thursday, December 16th
Wednesday, January 26th and Thursday, January 27th
Wednesday, February 23rd and Thursday, February 24th
Wednesday, March 30th and Thursday, March 31st
Wednesday, April 27th and Thursday, April 28th
Wednesday, May 25th and Thursday, May 26th

Please note that all deliveries to Tacoma and points south will take place on **Wednesdays**. **Seattle area** deliveries will take place on **Thursdays**.

Sample deliveries from Winter 2009-2010

(Winter shares are one size only)

November

1 ½ lbs Brussels Sprouts
1 lb Shallots
½ lb Carpathian Garlic
Winter storing Leeks
½ lb Chanterelle mushrooms
1 head Celery
2 lbs Carrots
1 lb Parsnips
3 Delicata squash
1 Sunshine Kabocha Squash
1 bunch Italian Kale
3 lbs Yellow Onions
3 lbs Ozette Potatoes
2 lbs Apples
1 bunch Thyme
1 head Purple Kohlrabi
1 bunch Shunkyo Radishes
Ornamental gourds

January

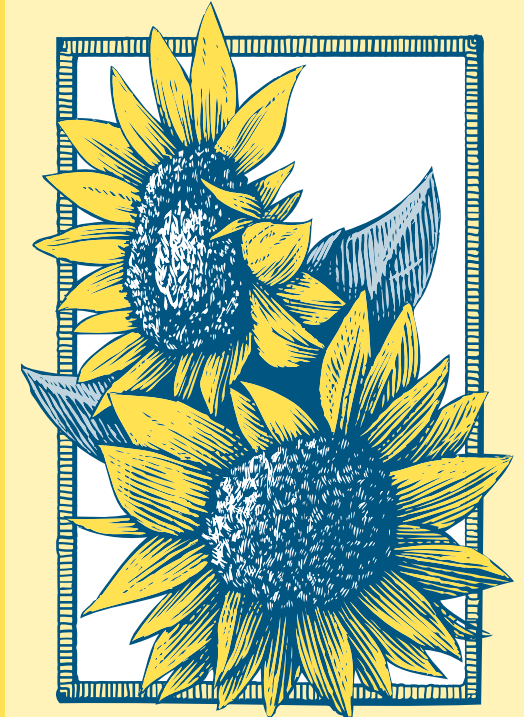
1 Carnival Winter Squash
3 lbs bulk Carrots
4 count Leeks
2 medium Rutabaga
2 ½ lbs Yellow Finn Potatoes
3 lbs All Blue Potatoes
½ lb Carpathian Garlic
1 lb Shallots
2 lbs Parsnips
2 lbs Cameo Apples
3 lbs Red D'Anjou Pears
Baby Kale
1 bunch Thyme
Black Sheep Creamery Cheese
Santa Lucia Coffee

April

Fresh salad mix
2/3 lb Baby Spinach
1 bunch Red Round Radishes
3 lbs Bintje Potatoes
1 lb bulk Beets
1 bunch mild Mizuna
2 stalks Rhubarb
3 lbs yellow onions
3 lbs Fuji Apples
3 lbs D'Anjou pears
1 ½ lbs Leeks
Baby Bok Choy
Rutabaga
1 bunch Apple Mint
Blue Heron Bakery Granola
1 dozen Steibrs Farms Eggs
Twin Oaks Creamery Cheese

2010-2011
WINTER SEASON
www.boistfortvalleyfarm.com

*Certified Organic Produce
grown locally and
delivered fresh*



BOISTFORT
VALLEY FARM

Community Supported
Agriculture Program

Want to try amazing, fresh, locally grown organic produce, delivered directly to your neighborhood?

At Boistfort Valley Farm, we cultivate nearly 50 acres of organic vegetables, herbs and cut flowers for our local farmers markets and CSA (Community Supported Agriculture) program. We deliver freshly harvested vegetables, fruit & flowers to locations in Seattle, Tacoma, Olympia, Centralia and Chehalis each week, June to November. We also offer a Winter CSA to get you through the chilly months.

Why is our farm a great match for you?

It's Fresh! Our vegetables are grown in season and harvested at their peak, so you receive the healthiest, most delicious produce available. During our Winter months, you will receive all the best our farm has to offer, plus the highest quality produce, cheeses, grains and local edibles that we can find, as close to home as we can get them.

It's Local. Our farm sells directly to you, and it's less than 100 miles from our farm to your table. We produce as much variety as we can, all year round, to supply our Summer and Winter shares. Whether you purchase a CSA share or visit us at your local farmers market, you'll find our quality and variety unsurpassed.

We Care. We maintain healthy soils, rotate crops, and leave ground fallow to rest the soil. Each of our fields includes undisturbed areas for wildlife to thrive, and we're working with local conservation organizations to maintain riparian habitats. We also take care of our employees and ourselves, with fair wages and great produce!

We're All Yours! Know your farmers. Mike & I select varieties, sow seeds, and grow produce specifically for you—and we know you by name. We are available all season long to answer questions and provide tips. Plus, we host annual farm events, so you can visit the farm & see for yourself where your food grows.

For more about our year-round offerings, recipes and more, please see our website:

www.boistfortvalleyfarm.com

Please join us for a season of fresh produce, or visit us at our farmers markets!

Boistfort Valley Farm: because life's too short to eat iceberg lettuce.

Seattle Area drop sites:

Ballard: 75th & 8th
Burien: Eat Local: 151st & 8th
Capitol Hill North: 10th & Aloha
Capitol Hill South: Olive & Boylston
Fremont: 35th & Phinney
Kent: 116th Ave SE & SE 221st Street
Kirkland: 75th & 130th
Mercer Island North: 68th Ave SE & Mercer Way
Mercer Island South: SE 60th St & Island Crest Way
Olympic Sculpture Park: Western Ave & Broad St
Queen Anne: Eat Local, Queen Anne & McGraw
Shoreline: 145th & Meridian N
Tukwila: Wizards of the Coast (employees only)
Wedgwood: 40th Ave NE & NE 82nd St
West Seattle: California Ave & Findlay St

South End drop sites:

Tacoma: 8th & Yakima
DuPont: Burnside Place
Intel: (Employees only)
Olympia: 7th & Central St
Olympia: 19th & Capitol Way
Olympia: State Offices-Cherry St. Plaza, DOH,
Natural Resources Building, Pritchard Building
Centralia: Cherry Street, west of Tower
Chehalis: Book N Brush on North Market Blvd
The Farm: Boistfort Road, Curtis
NE Portland

A season of fresh organic produce awaits you!

Your Farmers,



Heidi & Mike Peroni
Boistfort Valley Farm
PO Box 130
Curtis, WA 98538
(360) 245-3796
info@boistfortvalleyfarm.com

MEMBERSHIP FORM

- Produce is packed in boxes and delivered to your neighborhood. Please return empty boxes for reuse each time you pick up your produce.
- If you choose to make payments, your deposit is due with your membership form. Payment is due before your delivery is made. If payment is not received before the delivery date, deliveries will be suspended.
- Late membership will be prorated. We are not able to offer cash refunds due to the investment we make in each season, however, we will replace any unsatisfactory items or credit your account as appropriate.

See reverse side for share descriptions/delivery dates.

Please provide the following information and send it along with your deposit to:

Boistfort Valley Farm
PO Box 130, Curtis WA 98538

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

November through May:

\$420 (includes both Holiday & January through May deliveries)

Holiday Only:

Nov. \$60 Dec. \$60 Both \$120

January through May Only: \$300

No wheat/gluten no cheese
 no coffee decaf only

Drop Location: _____

I understand and agree to purchase conditions and payment schedule. I know that availability and quantities of crops are approximations and may vary with seasonal conditions. I understand that I must contact the farm directly to cancel my share, and that I am responsible for all share costs until I cancel my share.

Signature: _____

Date: _____